Health and Wellness



People Connect



According to a recent study by the Mental Health Commission of Canada, mental illness costs
Canadian employers
approximately \$20 billion
annually and is rapidly becoming one of employers' most pressing issues, due to its significant impact on disability, absenteeism and lost productivity.

1 in 5 Canadians will experience a mental health issue this year¹

every week 500,000
Canadians will miss
work because of
mental health issues¹

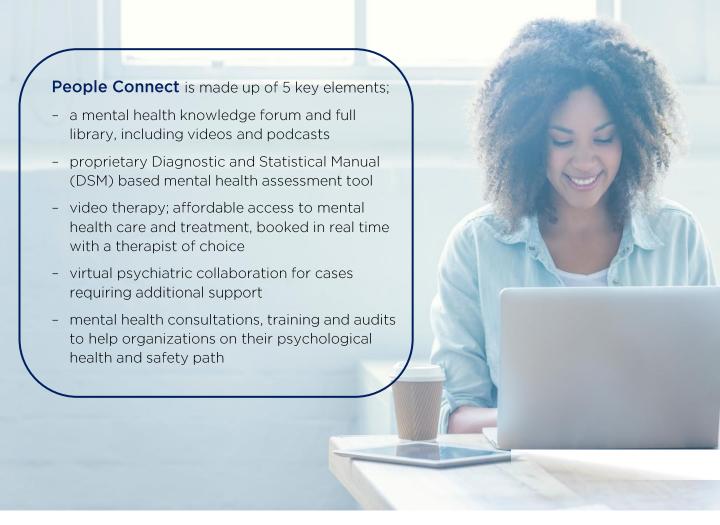
49% of those who feel they suffer from anxiety or depression have never seen a doctor¹

The stigma, lack of accessibility and costs associated with mental-health issues present serious barriers, not only to diagnosis and treatment, but also to employee engagement and productivity in the workplace.

People Corporation has taken a strategic approach to managing employee mental well-being through targeted mental health intervention, helping organizations manage the cost of mental illness, while enabling employees to access the care they need.

People Connect offers employers the resources, information, and training they need to create a supportive and psychologically safe work environment that promotes mental well-being, keeping their workforce strong and competitive.

Employees will receive access to educational tools, mental health assessments, and immediate care through virtual therapy, diagnostic evaluations and psychiatric collaboration. These services provide affordable access to the care employees need, helping them remain actively at work or return to active employment.



The Cost of People Connect

Employers can purchase People Connect for \$0.85 per employee per month

This includes access for family members as well.

- Knowledge forum and full library
- Mental health online assessment
- •First virtual therapy session
- Any collaboration needed with psychiatry

This fee does not include any custom training, organizational consultation, or the use of paramedical benefits for the ongoing therapy.

By signing the below you are agreeing to a one year term. You will be billed on a monthly basis based on your employee population.

Acceptance of the above quote

Client name Client Signature Date