

People Connect



According to a recent study by the Mental Health Commission of Canada, mental illness costs Canadian employers approximately \$20 billion annually and is rapidly becoming one of employers' most pressing issues, due to its significant impact on disability, absenteeism and lost productivity.

1 in 5 Canadians will experience a mental health issue this year¹

every week **500,000** Canadians will miss work because of mental health issues¹

49% of those who feel they suffer from anxiety or depression have never seen a doctor¹

The stigma, lack of accessibility and costs associated with mental-health issues present serious barriers, not only to diagnosis and treatment, but also to employee engagement and productivity in the workplace.

People Corporation has taken a strategic approach to managing employee mental well-being through targeted mental health intervention, helping organizations manage the cost of mental illness, while enabling employees to access the care they need.

People Connect offers employers the resources, information, and training they need to create a supportive and psychologically safe work environment that promotes mental well-being, keeping their workforce strong and competitive.

Employees will receive access to educational tools, mental health assessments, and immediate care through virtual therapy, diagnostic evaluations and psychiatric collaboration. These services provide affordable access to the care employees need, helping them remain actively at work or return to active employment.



People Connect is made up of 5 key elements;

- a mental health knowledge forum and full library, including videos and podcasts
- proprietary Diagnostic and Statistical Manual (DSM) based mental health assessment tool
- video therapy; affordable access to mental health care and treatment, booked in real time with a therapist of choice
- virtual psychiatric collaboration for cases requiring additional support
- mental health consultations, training and audits to help organizations on their psychological health and safety path

The Cost of People Connect

Employers can purchase **People Connect** for **\$0.85 per employee per month**

This includes access for family members as well.

- Knowledge forum and full library
- Mental health online assessment
- First virtual therapy session
- Any collaboration needed with psychiatry

This fee does not include any custom training, organizational consultation, or the use of paramedical benefits for the ongoing therapy.

By signing the below you are agreeing to a one year term. You will be billed on a monthly basis based on your employee population.

Acceptance of the above quote

Client name

Client Signature

Date